Issue 30 June 2012

Iowa Department of Corrections

Lettie Prell
Director of Research

Data Download

Curt Smith Executive Assistant to the Director





Improving Offender Programming

In 2008, the Iowa Department of Corrections embarked on a comprehensive audit of all institutional and community corrections offender programs that receive corrections funding. The audit focused on the degree to which each program adheres to evidence-based practices principles (what works best). The audit areas are listed below along with some examples of the questions asked about each program:

Risk Assessment Criteria. Is a risk assessment conducted? Does the program address the risks identified by the risk assessment?

Responsivity Assessment Criteria. Does the assessment identify how best to motivate an offender (for example: incentives, rewards, motivational enhancement interviewing)? Is the treatment designed to be received positively by the offender?

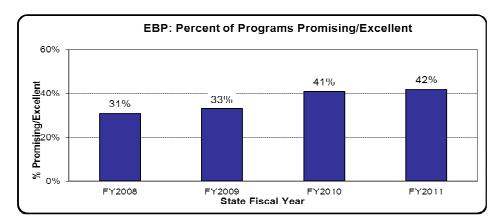
Cognitive Behavior Interventions (changing the way the offender thinks). Are cognitive behavioral programs used to help the offender develop a more positive way of thinking (and behaving)?

Continuing Support. Is there a plan for the offender to receive continuing community support after the formal program has been completed (for example: mentors, support groups)?

Program Measurement/Feedback. Has the program been evaluated by correctional staff for effectiveness? Has it been evaluated by an independent researcher?

Clinical Supervision. Has the program supervisor been trained in Evidence-Based Practices (what works best)?

Each program received a rating, with categories from high to low as follows: Excellent, Promising, or Needs Improvement. Some programs were eliminated and improvement plans were developed for other lower-scoring programs. As shown below, more programs now score as promising or excellent due to these efforts.



The mission of the Iowa Department of Corrections is to:

Advance Successful Offender Reentry to Protect the Public, the Employees, and the Offenders from Victimization.